

# Hamilton & Burlington Al-Anon/Alateen In-Person Meeting List

Last Updated on April 4, 2024

Zoom login details for hybrid or temporary online meetings can be found at <http://www.alanonhamiltonburlington.ca/meetings/>

## SUNDAY

**Sun Al-Anon Family Group**  
St. Michael's Anglican Church 8:00 PM  
[1188 Fennell Ave. East., Hamilton](#)

## MONDAY

**Waterdown Al-Anon Family Group**  
Grace Anglican Church 8:00 PM  
As of April 1 2024, meeting time has  
changed to 7:00pm  
[157 Mill St. N., Waterdown](#)  
Parking Lot – Main St. N. beside school  
Newcomer's Meeting Available  
♿ Wheelchair Accessible

**Source of Help Al-Anon Family Group**  
St. John's United Church 8:00 PM  
[195 East 38<sup>th</sup> St., Hamilton](#)  
♿ Wheelchair Accessible  
Masks are optional

## TUESDAY

**Morning Hope Al-Anon Family Group**  
St. Christopher's Church 10:00 AM  
[662 Guelph Line, Burlington](#)  
Entrance at rear of building  
Newcomers' Meeting available  
Masks must be worn  
♿ Wheelchair Accessible

## WEDNESDAY

**Brant Hills Al-Anon Family Group**  
Wellington Square United 7:30 PM  
Church  
[2121 Caroline St., Burlington](#)

**Triangle Al-Anon Family Group**  
Mount Hamilton Baptist Church 8:00 PM  
[626 Upper Wentworth St., Hamilton](#)  
Newcomers' Meeting Available  
♿ Wheelchair Accessible

## THURSDAY

**Breakfast Group Al-Anon Family Group**  
Laidlaw United Church 9:45 AM  
[155 Ottawa St. N., Hamilton](#)  
Masks are optional but not required.

**Hamilton/Burlington Alateen Group**  
First Unitarian Church 7 PM  
[170 Dundurn St S. Hamilton](#)  
Enter using Main door off parking lot

## THURSDAY (continued)

**Aldershot Men's Al-Anon Family Group**  
West Plains United Church 7:30 PM  
[549 Plains Rd. West, Burlington](#)  
♿ Wheelchair Accessible

**Missing Link Adult Children of Alcoholics**  
St. Christopher's Church 7:30 PM  
[662 Guelph Line, Burlington](#)  
Entrance at rear of building  
♿ Wheelchair Accessible

**Stoney Creek Al-Anon Family Group**  
Immaculate Heart of Mary Parish 8:00 PM  
[934 Highway 8, Stoney Creek](#)

## FRIDAY

**New Hope Al-Anon Family Group**  
In Person meetings Apr 1 – Nov 10  
Zoom meetings Nov 17 – Mar 31  
Church of the Resurrection 7:30 PM  
[435 Mohawk Rd W., Hamilton](#)  
♿ Wheelchair Accessible

## SATURDAY

**Delta Al-Anon Family Group**  
Delta United Church 8:00 PM  
[47 Ottawa St. S., Hamilton](#)  
♿ Wheelchair Accessible