



Hamilton and Burlington Al-Anon/Alateen Meeting List

Last Updated: March 31, 2018

SUNDAY

Sun Al-Anon Family Group
St. Michael's Anglican Church 8:00 PM
[1188 Fennell Ave. East, Hamilton](#)
Newcomers Meeting Available 7:30 PM

MONDAY

Discovering Choices AFG
Ryerson United Church 7:30 PM
[842 Main St. East, Hamilton](#)
♿ Wheelchair Accessible

Waterdown Al-Anon Family Group
Grace Anglican Church 8:00 PM
[157 Mill St. N., Waterdown](#)
Parking Lot – Main St. N. beside school
Newcomer's Meeting Available
♿ Wheelchair Accessible

Source of Help Al-Anon Family Group
St. John's United Church 8:00 PM
[195 East 38th St., Hamilton](#)
♿ Wheelchair Accessible

TUESDAY

Morning Hope Al-Anon Family Group
St. Christopher's Church 10:00 AM
[662 Guelph Line, Burlington](#)
Entrance at rear of building
Newcomer's Meeting Available
♿ Wheelchair Accessible

WEDNESDAY

Lunch Bunch Al-Anon Family Group
New Vision United Church 12:00 PM
[24 Main St. W., Hamilton](#)
♿ Wheelchair Accessible

Brant Hills Al-Anon Family Group
Wellington Square 7:30 PM
United Church
[2121 Caroline St., Burlington](#)

Triangle Al-Anon Family Group
Mount Hamilton Baptist Church 8:30 PM
[626 Upper Wentworth St., Hamilton](#)
Newcomers Meeting Available 8:00 PM
♿ Wheelchair Accessible

THURSDAY

Breakfast Group Al-Anon Family Group
Laidlaw United Church 9:45 AM
[155 Ottawa St. N., Hamilton](#)

Aldershot Men's Al-Anon Family Group
West Plains United Church 7:30 PM
[549 Plains Rd. West, Burlington](#)
♿ Wheelchair Accessible

Missing Link Adult Children of Alcoholics
St. Christopher's Church 7:30 PM
[662 Guelph Line, Burlington](#)
Entrance at rear of building
♿ Wheelchair Accessible

Stoney Creek Al-Anon Family Group
Church of the Redeemer 8:00 PM
[25 Lake Ave., Stoney Creek](#)
Newcomer's Meeting Available

FRIDAY

New Hope Al-Anon Family Group
Holy Trinity Anglican Church 7:30 PM
[120 Fennell Ave. East, Hamilton](#)
♿ Wheelchair Accessible

SATURDAY

Delta Al-Anon Family Group
Delta United Church 8:00 PM
[47 Ottawa St. S., Hamilton](#)
♿ Wheelchair Accessible